

Complementary and Alternative Health Care

Client Bill of Rights

Laura S. Randall, CMT, BCTMB, BA

Laura S. Randall, the practitioner, has received the following education, training, and credentials:

- Certified Practitioner of the H.A.R.T. (Holistic Abdominal Relief Method) with Kimberly S. Hart
- Completed and Teaching Assistant: Bodywork for the Childbearing Year with Kate Jordan
- Completed: Spinning Babies: The Integral Touch of Birth: Education for Bodyworkers
- Qigong Practitioner: Spring Forest Qigong Level 1 & 2: Energy Balancing and Qissage techniques
- Professional member of ABMP: Associated Bodywork & Massage Professionals
- Completed course: Chi Nei Tsang: Abdominal Organ Massage, Mantak Chia
- Completed Foundations of Integrative Medicine course: University of Arizona's Integrative Med
- Certified with the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB)
- Certified Massage Therapist, St. Paul College: Community and Technical School

All of the previously mentioned techniques are centered in the uniting of body-mind-spirit of each individual. Some are from western culture, some from eastern culture, as well as traditional cultures. All are used with the intention to awaken and support one's own innate healing from within.

As of July 01, 2001, Minnesota's Freedom of Access to Complementary Care Law (Statute Chapter 146A) requires that you receive, and acknowledge that you have received by your signature on the next page, the following information prior to your treatment.

“The state of Minnesota has not adopted any educational or training standards for unlicensed complementary and alternative health care practitioners. This statement of credentials is for information purposes only. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.”

Complaints— If the client has a complaint or concern about the care or services they have received, the client may contact OCAP (Office of Alternative Practice) at 651-201-3728.

Fees, Payment, Insurance as of October 1, 2017

H.A.R.T. treatment:

Initial Consult: \$125.00 including all taxes

Follow-up visit: \$100.00 including all taxes

Massage/Qigong/Prenatal, Labor & Postnatal:

Initial Consult: \$100.00 including all taxes

Follow-up: \$80.00 including all taxes

Payment is accepted by cash, check, credit card (VISA/MC). This practitioner is not on contract with any HMO's, PPOs, or any other insurance company to provide discounted services. This practitioner does not accept Medicare, Medical Assistance, or general assistance medical care. Receipt or invoice may be provided upon request of client. Clients may use this invoice to submit for reimbursement themselves, if desired. Payment in full for services is expected at the time of service, unless otherwise arranged prior to the appointment. Laura S. Randall requires a minimum of 24-hour business day advanced notice for cancellation or you may be charged for the full appointment.

- Change of Price— While changes in session fees can occur, reasonable notice of those changes is provided by email, verbal, or written notice to the client.
- Theory of Treatment— The state requires a “plain language” summary of the “theoretical approach used to provide service to clients”. Please reference the practitioner’s credentials as this varies per practitioner. Client may ask the practitioner.
- Right to Current Information—Clients have the right to complete and current information concerning the practitioner’s assessment and recommended service that is to be provided, including the expected duration of the service to be provided.
- Right to Confidentiality—Client records are confidential and will not be released unless authorized by the client in writing or as otherwise provided for by law.
- Right to Self Access—Clients have the right to access their own records, maintained by the practitioner’s office, in accordance with the state statute 144.291 to 144.298.
- Personal Interaction—Clients have the right to expect courteous treatment, free from verbal physical, or sexual abuse.
- Right of Agency—The client has the right to choose freely among available practitioners and to change practitioners after services have begun, within the limits of health insurance, medical assistance, or other health programs.
- Records of Transfer—The client has the right to coordinated transfer of your records when there will be a change in the provider of services.
- Right of Refusal—The client may refuse services or treatment, unless otherwise provided by law.
- Right of Non-Retribution—The client has the right to assert any and all of the above mentioned rights without retaliation from the practitioner.

I (please print your name) _____ acknowledge by my signature that I have received and understand the Complementary and Alternative Health Care Client Bill of Rights.

Signature _____ Date _____